

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date of Next Dr. Appt: \_\_\_\_\_

Occupation: \_\_\_\_\_ Leisure Activities: \_\_\_\_\_

Family Physician: \_\_\_\_\_ Referring Physician: \_\_\_\_\_

What is your chief complaint? \_\_\_\_\_

What caused your symptoms to begin? \_\_\_\_\_

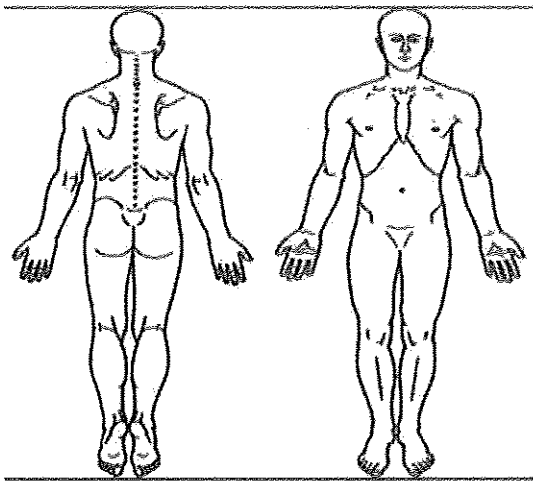
\_\_\_\_\_ Date Symptoms began: \_\_\_\_\_

Please describe your symptoms (i.e. sharp, dull, tingling, etc.): \_\_\_\_\_

\_\_\_\_\_

Indicate on the diagrams below, the area(s) or location(s) where you are currently experiencing symptoms, using following key:

PPPPP = pins and needles      SSS = stabbing  
XXXXX = burning                  ZZZ = deep ache



Please indicate below the intensity of your symptoms. (Circle the appropriate number.)

(0 = no symptoms, 10 = worst possible symptoms)

Current:

0 1 2 3 4 5 6 7 8 9 10

Best:

0 1 2 3 4 5 6 7 8 9 10

Worst:

0 1 2 3 4 5 6 7 8 9 10

How often do you experience your symptoms (per day)?

\_\_\_ Constantly (24 hrs)    \_\_\_ Frequently (16-23 hrs)

\_\_\_ Occasionally (8-16 hrs)    \_\_\_ Intermittently (0-8 hrs)

What activity are you most limited with due to your pain or injury?

\_\_\_\_\_

0 1 2 3 4 5 6 7 8 9 10

Unable to  
Perform activity

Able to perform  
activity at the same level  
as before injury or problem

Please check any of the following whose care you are under:

\_\_\_ Medical Doctor (MD)    \_\_\_ Osteopath    \_\_\_ Dentist    \_\_\_ Psychiatrist/psychologist

\_\_\_ Physical Therapist    \_\_\_ Chiropractor    Other: \_\_\_\_\_

Please list any other treatments you have received for this condition: \_\_\_\_\_

\_\_\_\_\_

Please check if you, or a member of your family, have or has ever had any of the following:

You	Family		You	Family		You	Family	
___	___	Heart Problems	___	___	thyroid disorders	___	___	Radiculitis
___	___	High Blood Pressure	___	___	Sciatica	___	___	Vertigo
___	___	Circulatory Problems	___	___	Deep vein thrombosis	___	___	Dementia
___	___	Asthma	___	___	Raynaud's	___	___	Seizures
___	___	Emphysema/bronchitis	___	___	Multiple Sclerosis	___	___	Hepatitis
___	___	COPD	___	___	Depression	___	___	Tuberculosis
___	___	Rheumatoid Arthritis	___	___	Obesity	___	___	Anemia
___	___	Other arthritic cond.	___	___	Stroke	___	___	Kidney disease
___	___	Diabetes	___	___	Chemical dependency			
___	___	Chronic ulcer	___	___	Difficulty walking due a joint disorder			
___	___	Osteoporosis	___	___	Other: _____			

Please list any surgeries or other conditions you have experienced requiring hospitalization, including approximate date.

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Please list any medications and/or supplements/herbs you are currently taking (prescription and over-the-counter).

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Do you smoke or use nicotine products? YES NO How much per day? \_\_\_\_\_

Do you drink alcohol? YES NO # of days per week \_\_\_\_\_ # drinks in average sitting \_\_\_\_\_

Are you latex sensitive? YES NO

Have you declared the Advanced Clinical Directive of Do Not Resuscitate(DNR)? YES NO

During the past month have you been feeling down, depressed, or hopeless? YES NO

During the past month have you been bothered by having little interest or pleasure in doing things? YES NO

Are you afraid physical activity will increase your pain or be harmful to you? YES NO

Have you recently noted any of the following? (Please check all that apply.)

___ weight loss/gain	___ unintentionally dropping objects	___ vision changes
___ nausea/vomiting	___ fever/chills/sweats	___ hearing disturbances
___ dizziness/lightheadedness	___ numbness or tingling	___ blackouts
___ fatigue	___ balance disturbances	___ difficulty swallowing
___ hearing disturbances	___ difficulty sleeping/pain at night	___ pregnancy
___ difficulty with communication	___ incontinence/difficulty voiding	___ weakness

Please list any other concerns you may have: \_\_\_\_\_

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